



Stepping Up

English Country Dance Workshops for Intermediate and Experienced Dancers

Led by Sue Dupré and Judi Rivkin, with Live Music!

Six Tuesday Evenings: June 22nd-July 27th, 2010, 7:30-9:30 p.m.

Carl A. Fields Center, 58 Prospect Ave., Princeton (enter on Olden St.)

Series Price: \$48 for all six evenings; \$10 per evening; \$6 students

Take your ECD to the next level in this six-week series, as we concentrate on improving timing and transitions, interacting with partners and sets, moving beautifully, hearing the musical phrase, and more. We aim to help you find additional levels of enjoyment in your dancing, whether it's in recent works or old favorites, whether you've been doing this six months or 60 years! Newer dancers will strengthen their knowledge and understanding; those more experienced will have an opportunity to refine and revisit those 'muscle memories' already in place.

Plan now to join us, whether you are able to attend all six evenings, or as many as your schedule permits,

Definition of an intermediate-level dancer, for purposes of this class: In addition to straightforward figures such as setting, turning single, circling, and turning other people, an intermediate level dancer will be comfortable with:

- ∞ Casting up or down
- ∞ Basic heys for 3 or 4
- ∞ Rights and lefts (with hands)
- ∞ Circular heys (no hands)
- ∞ Half and and full figures of eight
- ∞ Poussettes
- ∞ Siding

After the teaching and walk-through of a straightforward dance, an intermediate level dancer should not only be able to dance the figures of the dance but should be ready to think about dancing those figures with style and energy and good timing.

If you find that you are still spending most of your mental effort to make sure you end up in the right place, or that you rely on other people to get you to the right place, then you may wish to become more comfortable with the basic figures and dance memory before tackling an intermediate workshop.

NOTE: Non-street comfortable, non-rubber-soled flat shoes are required by the facility – your cooperation is appreciated!! No partner necessary. Dress is casual.

If you have questions regarding the workshops, please email Judi Rivkin (jsally1-AT SIGN-comcast.net), and Sue Dupré (suedupre-AT SIGN-verizon.net).

<http://rivkinetic.org>

